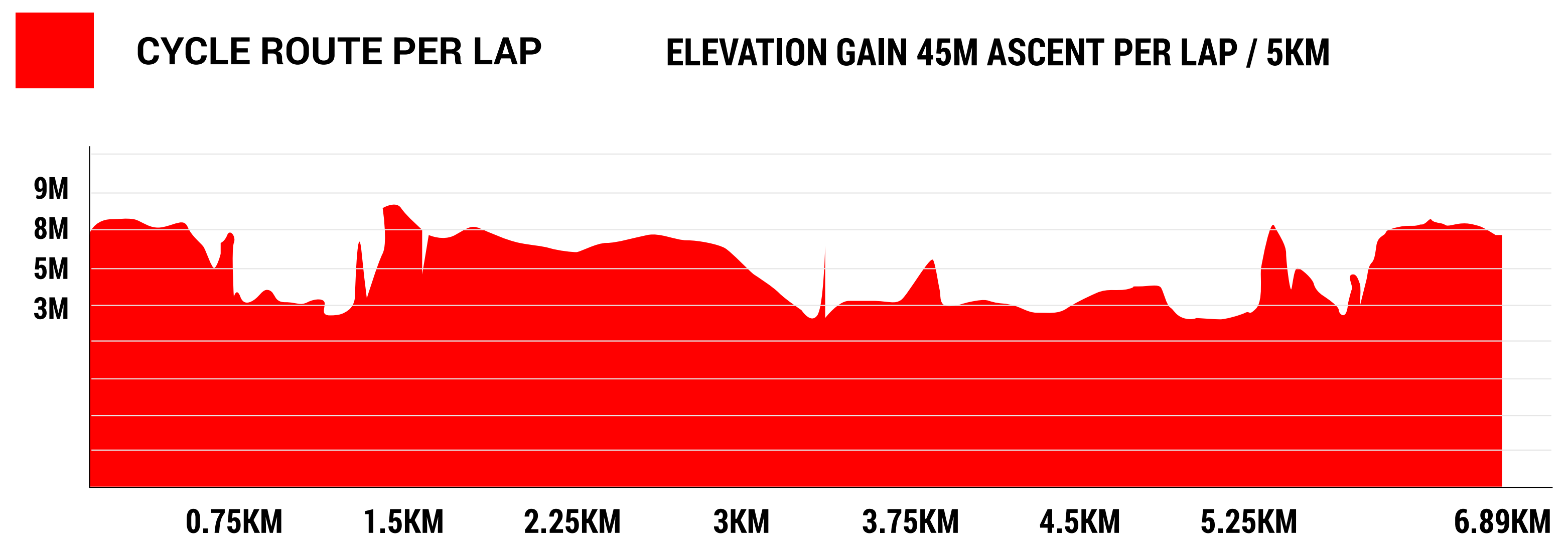




CYCLE ROUTE

- MINI TRI - 1 LAP
- SPRINT TRI - 4 LAPS
- CHALLENGE TRI - 6 LAPS

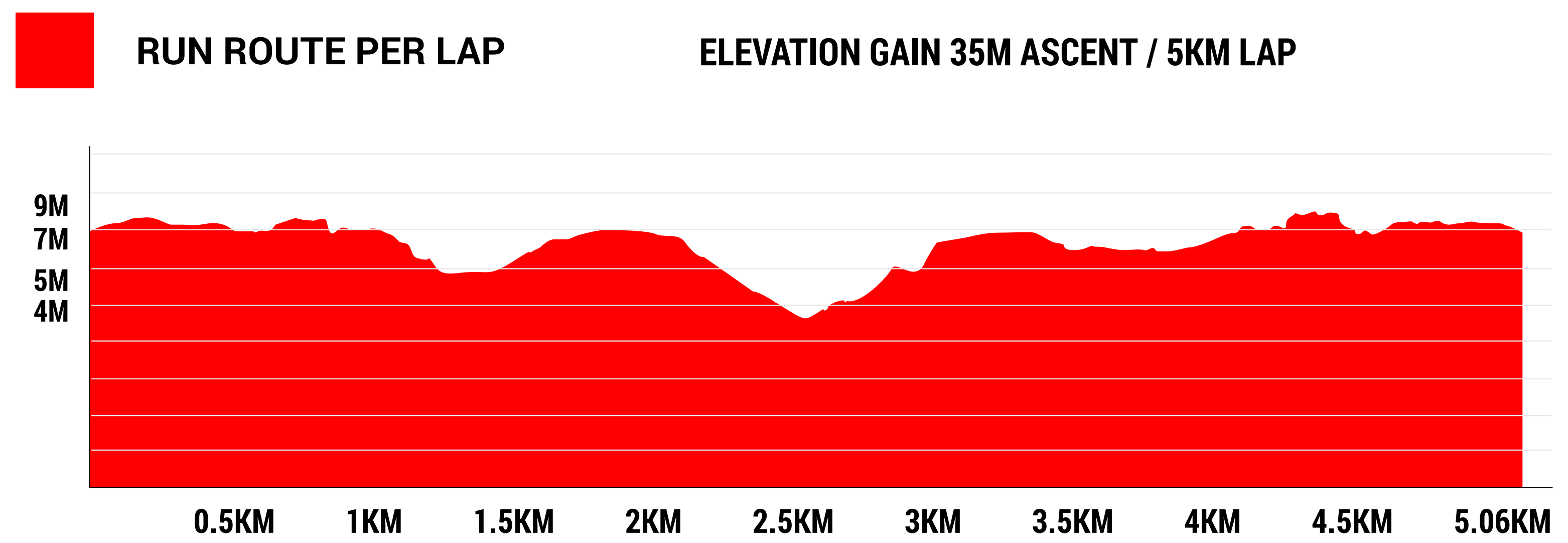




RUN ROUTE

- SPRINT TRI - 1 LAP
- CHALLENGE TRI - 2 LAPS
- 10KM RUN - 2 LAPS

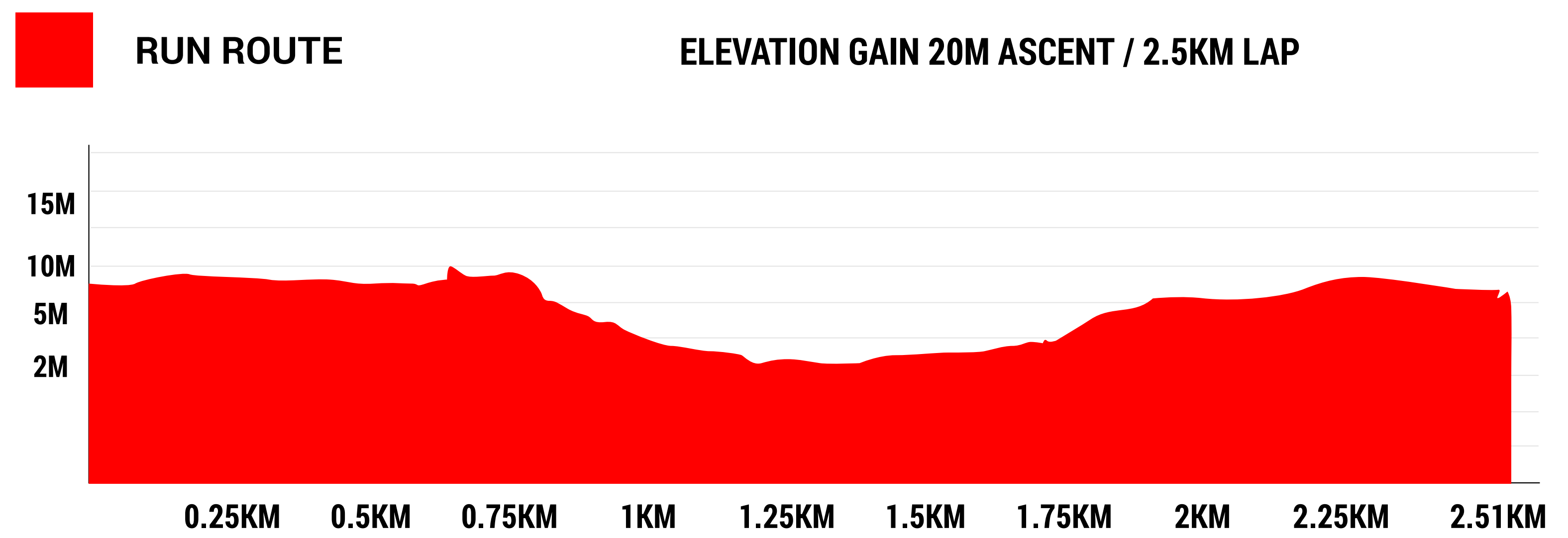
W WATER TABLE **G** TURN POINT





RUN ROUTE

MINI TRI - 1 LAP



 WATER TABLE  TURN POINT  BIKE & BEAN